



Omega-3 with Turmeric



Product Description

Immunotec's Omega-3 with Turmeric supplement is a superior-quality source of omega-3 fatty acids for the maintenance of heart and brain function and is certified free of contaminants.

Research shows that fish oil is the superior source of omega-3 and each soft gel of our supplement contains cold-pressed Norwegian fish oil (anchovy, mackerel, and sardine) and turmeric to provide 270 mg of EPA, 180 mg of DHA, and 95 mg of curcuminoid. In addition, the synergistic combination of fish oil and turmeric results in enhanced absorption of the turmeric.

Complementary Products

As part of the **Daily Essentials Pack**, Omega-3 is a perfect complement to your daily Vitamin and Mineral Supplement and Pure Milk Calcium.

Magistral. Omega-3 fatty acids promote the production of hormone-like substances in the body called prostaglandins. Omega-3 fatty acids are an excellent addition to the herbs in Magistral.

Highlight Ingredients

Omega-3 fatty acids from fish oil. Specifically, Immunotec Omega-3 provides 540 mg of EPA and 360 mg of DHA per serving from a pure source of deep-water fish. This is about the same amount found in a 3-4 ounce serving of wild salmon.

Turmeric extract (*Curcuma longa*). Immunotec Omega-3 contains a potent extract standardized to 95% curcuminoids. Turmeric has a long history of traditional use in both Ayurvedic (Indian) and Chinese Medicine, and contributes the yellow color to curry. Modern science has shown that this plant (specifically the curcuminoids it contains) has potent antioxidant properties, and supports the health of the brain, heart, blood vessels, immune system, skin and liver.* Moreover, research has shown that turmeric helps to protect delicate fats like those in fish oil from becoming rancid. These properties make it an excellent complement to the properties of the omega-3 oils.

The specific combination of turmeric with fish oil (lipid base) contributes to enhanced absorption of the turmeric.

Features

- High-quality source of Omega-3 fatty acids
- Certified free of contaminants
- Synergistic combination of fish oil and turmeric results in enhanced absorption of the turmeric

Benefits

Research has convincingly shown the potential benefits of omega-3 fatty acids (DHA and EPA) found in cold-water fish. These benefits include:

- Supporting cardiovascular function
- Maintaining brain health, positive mood and memory
- Benefiting joint, eye or skin health
- Supporting immune health
- Supporting prostate health in men
- Helping women with common symptoms of PMS or menopause

Daily Usage:

Two soft gels per day, preferably with breakfast.